The first p tag-

<p> Our Mission Statement:

This is a virtual fitness club application, and our goal is to encourage members to stay fit and active 24/7, not just for 30, 60, 90 days challenges but over the course of a lifetime. We understand that not all users have time for strict routines, and we are not gym addicts although the gym is encouraged if you have time/resources. The goal is incorporate health and fitness routines into our daily lives, so that could be doing chair exercises while you work at your desk, it could be a power walk around the block of your neighborhood or a cool YouTube video of your favorite exercises, anything that works for YOU and your life style, we want you as a member of the club to share your routine so others can be inspired and also try them out!

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Text for “It is time to make your fitness goals true!”

2nd p tag

<p>You can start now! It’s free of charge, no commitment or fees, just a community where we share our routines with one another to maintain a healthy lifestyle.

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Why use a virtual fitness club

1. It is a convenient way to share, track, update and edit our personal fitness goals

2. No time commitment, it is built around your lifestyle and personal health

3. Easily keep track of your progress and update it as necessary.

4. You can gain inspiration from others as well, if you need any ideas or encouragement

5.Can be a great addition to your hobbies list

6.Reduce social and gym anxiety by not having to commit to an in-person memebership

7.It is free, no financial commitments, just a commitment to YOURSELF!